

*The Arts and Wellness
in Guernsey*

Directory of
Local Artists

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Introduction

The Guernsey Arts Commission is set up to enable everyone in the Bailiwick to engage with, benefit from, and enjoy the arts. This can also benefit visitors to Guernsey.

To support the well-being initiative, the Guernsey Arts Commission can put your hotel and subsequently, visitors, in contact with locally based artists who are available to provide a service to visitors in their art form.

We want to offer you the best professional artists Guernsey can offer, thus show-casing the cream of the crop. In time this directory will grow, as more disciplines and genres are added.

Visitors can spend their trip tapping into the creative aspects of themselves. They can finish off each day spending their evenings in boutique restaurants, country lanes or beach walks. Visitors can enjoy our music events or attend theatre productions.

The quieter lifestyle on Guernsey is the perfect environment to foster a sense of peace, opening up to a distraction-free holiday, whilst partaking in a wealth of creative resources.

In order to access our creativity, we need to step away from the internal whirlwind within ourselves to create a space to allow this process to begin. Coming to Guernsey for creative sessions of painting or photography, sculpture, music or drawing can give your clients an opportunity to find that calm.

The kind of activities you will see in this brochure will help your clients develop, give them a sense of achievement by experiencing a creative holiday, on the beautiful island of Guernsey.

It can be the calm that allows us to find our true voice. Visitors can come to Guernsey to do just this.

If you wish to discuss or explore this potential opportunity, please call us on 709707 to talk further.

Russ Fossey

**Head of Arts Development
Guernsey Arts Commission**



Photography

CHRIS GODET PHOTOGRAPHY

JEAN-CHRISTOPHE GODET

TELEPHONE: 07911 741 962

EMAIL: MAIL@CHRISGODET.COM

WEBSITE: WWW.CHRISGODET.COM

Jean-Christophe Godet is a travel photographer based in Guernsey, with over 20 years of professional experience.

His work has attracted the attention of many international publishers for whom he undertakes regular assignments all over the world. In 2003 he was awarded the Independent Travel Photography Prize organised each year by the British national newspaper. His extensive experience as a travel photographer and passion for teaching guided him to develop a programme of photography workshops in Guernsey accessible to all levels.

Jean-Christophe is also the founder and artistic director of the Guernsey Photography Festival.



INTRODUCTION TO DIGITAL PHOTOGRAPHY

Your first steps to understanding your digital SLR, specially designed for beginners, you will learn how to make the most out of your camera, learning about shutter speed, aperture, depth of field, composition and filters in a very relaxing and fun atmosphere. Your day will be spent mainly doing practical exercises using outdoor and indoor locations.

LANDSCAPE PHOTOGRAPHY IN GUERNSEY

A full day exploring the endless possibility of Guernsey's beautiful landscapes - we will travel around the island to find the best locations and light conditions to photograph stunning landscapes. Jean-Christophe will be giving tips throughout on composition, light metering, filters etc.

PHOTOGRAPHING HERM

A day in beautiful Herm concentrating on capturing its distinct environment. After getting the milk boat over to the island the group will have breakfast in the White House Hotel before beginning their adventure. This is a day of walking, exploring and experiencing Herm - looking at what makes it unique and trying to capture that in a photograph. Jean-Christophe will be giving tips throughout on composition, light and settings to help you get the most of your subject.

PHOTOGRAPHING SARK

A fun and sociable day to further your knowledge about landscape photography in the dramatic settings of Sark. This is a day of walking, exploring and experiencing Sark - looking at what makes it unique and trying to capture that in a photograph. Jean-Christophe will be giving tips throughout on composition, light and settings to help you get the most of your subject.

OUTDOOR PORTRAIT PHOTOGRAPHY

One great session concentrating on portrait photography with natural light. You will have a model at your disposal and travel around different locations using interesting backgrounds to create stunning portraits. Jean-Christophe will be giving tips throughout on composition, light and settings to help you get the most out of your subject.

Music



JIM DELBRIDGE

SONGWRITING

JIM DELBRIDGE

TELEPHONE 07911 742609

EMAIL JIM@LRD-THEBIGIDEA.COM

YouTube <https://www.youtube.com/watch?v=glRZGwQcMw>

Jim has been a professional musician since the 1980s earning his living playing in bands, touring, writing songs, copywriting, scripting and producing radio commercials and broadcasting. He has written themes for TV, football clubs and special events as well as finding time to release his own solo album in 2012 called Rock Paper Scissors. He has fronted various songwriting seminars, presented to schools and in 2016 was a national semi-finalist in the Songwriting Academy's UK Unsigned Songwriter Of The Year.

Why do we have songs? What function do they perform? How are songs written? Where does someone start? These are just some of the questions that Jim tries to answer in this entertaining and practical look at the world of song. Participants will have the chance to play their favourite artists and discuss their songs as well as get practical help on writing their own songs such as choosing a theme, defining a song's structure and crafting a lyric.

Drawing & painting

FRANCES LEMMON/GUERNSEY ART WORKSHOPS

FRANCES LEMMON

TEL: 07781 418 828

EMAIL: LEMMON4ART@HOTMAIL.CO.UK

WEBSITE: WWW.FRANCESLEMMON.COM

WWW.GUERNSEYARTWORKSHOPS.COM

Frances Lemmon trained at London College of Printing, Sir John Cass School of Art and Camberwell School of Art. She is a practising artist, whose work can be seen in public collections on the island at the Guernsey Museum and Art Gallery and at the Princess Elizabeth Hospital as well as on-line at Art UK, the BBC directory of public art in the UK. She regularly teaches classes to both adults and children and finds the experience gives her back energy and enthusiasm which then in turn gets fed back into her own work.



As well as group workshops Frances is also happy to teach 1:1 in her quiet and peaceful studio in St Peters.

CLASSES

Workshops usually last two and a half hours, subjects popular for students include the following:

Drawing; using pen and ink, pencil and charcoal – suitable for absolute beginners as well as those requiring a recap on perspective, composition, tone and measuring.

Pastels; using chalk and oil pastels – using instant colour to sketch without the need for washing out brushes

Painting; acrylic – looking at the colour wheel, composition and perspective, using texture paste and other fun experimental techniques to create dynamic paintings.

Painting; watercolour – looking at different ways of using watercolour as well as experimental techniques such as salt, cling film and splattering.

Painting; oil – looking at building up layers of paint using fat over lean technique from an earth sized

ground using impasto and looser methods of working.

Ceramic painting; using special ceramic paints and painting on ceramic objects to take home, looking at pattern, colour and composition.

Doodling – looking at shape, pattern and colour, slowly building the composition to create unique and therapeutic artwork.

Workshops are taught for all abilities and levels of experience and are therefore suitable for both beginners and more experienced, students can work from still life or from a specific theme. The sessions can take place in my studio or within the hotel.

Frances can supply painting aprons, dust-sheets for floor surfaces and all materials needed for the workshop. After workshop brushes and palettes taken home by Frances to wash up.

Please phone/email regarding availability and cost (dependent upon no. of students per session).

Frances is also able to teach plein air painting (weather dependent) and can pick up and drop off to hotel.

Art Workshops

ADAM STEPHENS / ART WORKSHOPS

CONTACT: ADAM STEPHENS BA ATC

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Life Drawing

Responding to Landscape

Portraiture

Artist Background

Adam Stephens trained in Fine Art at Brighton Polytechnic in the late 1980's with tutors including Phyllida Barlow, Alison Wilding and Peter Randall-Page. He undertook postgraduate training in Art Education at Goldsmiths College London and has since taught Art in secondary schools in England and from 2008 at Elizabeth College in Guernsey where he is currently Head of the Creative Arts Faculty and Director of the Gate House Gallery.

He also teaches life drawing courses and oversees a wide ranging education and outreach programme through the gallery. He continues to develop his own professional art practice in sculpture, painting and printmaking.

Life Drawing

Structured drawing classes working from a life model. As well as developing skills in observation and drawing, this activity promotes mindfulness, empathy and bodyconfidence. Classes are generally 2 hours. Short courses of between 4 - 6 sessions allow for skill development and exploration of a range of techniques and approaches.

Response to Landscape

A short course that begins with direct recording from nature making the most of Guernsey's dramatic



coastline. Ideas and compositions can then be developed back in the studio using a wide range of media and approaches including drawing, painting and printmaking. Outcomes can range between figurative and abstract with plenty of scope for self expression, mood and atmosphere.

Portraiture

A short course exploring approaches to portraiture working from a live model. You will cover a range of approaches and techniques over a series of 2 hour sessions including drawing and painting in acrylic or oil.

Arts for Impact



CONTACT: HUGH ROSE

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ARTS FOR IMPACT

Arts for Impact (AFI) use creativity to make an impact in the Bailiwick of Guernsey by delivering high quality arts projects aligned with the aims and objectives of local government organisations, charities and causes.

Biography:

Arts for Impact have been heavily involved in community and health based arts projects in the Bailiwick of Guernsey for the past three years, delivering many successful projects in the Princess Elizabeth Hospital and other Healthcare Settings. Each of these projects was carefully tailored to provide health and well-being benefits to a specific group of service users (children, radiology service users, service users recovering from mental health problems etc.)



Creative Engagement:

Our creative engagement workshops provide a wide variety of activities, and are designed to be highly accessible in terms of skill level and material requirements. We use the latest research available and experienced, specialized creative staff to achieve a wide variety of health and well-being benefits to participants. We always aim to deliver a rich, meaningful experience to our participants by offering opportunities to display their work, collaborate in public arts projects or join in the creative and cultural discourse in Guernsey.

Creative workshops for hotels can be tailored to meet their demographics, facilities and objectives.

Our Creatives:

Hugh Rose (Illustration, Adobe Illustrator and Photoshop, sculpture, model making, murals).

Ben Bailey Davies (Photography)

More creatives to be added in due course.

Who are we?

The purpose of the Guernsey Arts Commission

To enable everyone in the Bailiwick to engage with, benefit from, and enjoy the arts.

Mission Statement

The Guernsey Arts Commission supports, promotes and facilitates all forms of art, connecting artists, arts organizations and businesses. GAC also has a responsibility to administer the States of Guernsey's funding for the arts.

Philosophy

We believe...

- The arts should be accessible to everyone
- Creativity enriches the lives of individuals and our community
- Appreciation of the arts is nurtured by exposure and education
- The arts are key economic and social drivers for our community
- The arts contribute to community identity and civic pride
- Creative expression takes diverse forms
- A legacy of the arts is critical for future generations.

Values:

- **Access** - The GAC is inclusive, open and embraces diverse ideas, art forms and communities.
- **Advocacy** - The GAC will champion the arts and artists in our community.
- **Collaboration** - The GAC is committed to working with others to bring together artists, patrons and communities. Collaboration and partnerships are central to the work of the GAC.
- **Creativity** - The GAC encourages freedom of expression, diversity and imagination, working in an innovative way and responding to community needs
- **Professionalism** - The GAC will strive for the highest level of excellence, integrity and responsiveness. The GAC values accountability and evidence-based decision processes.

Disclaimer The Guernsey Arts Commission holds no responsibility for contracts agreed between artists and visitor/hotels. Although the artists have been recommended by the Guernsey Arts Commission, we hold no responsibility for any of their actions, and the liability falls between the visitor and the artist.